



Expanding the scope of GI

Bravo[®] pH Patient Diary


Patient Instructions

The purpose of this pH study is to monitor the frequency and duration of gastric reflux during a normal day. To get the most accurate results, you must eat, drink, work, and exercise as you normally would.

DO NOT take any antacid or anti-reflux drugs during your study unless instructed to do so by your physician. If in doubt, contact your physician.

Recording Events

Events include meals, sleep and other types of activities with duration. Record an event in the Patient Diary sheet by marking the type of the event and writing down the event starting and stopping times, using the time displayed on the Bravo pH recorder. You can record a meal or a sleep event automatically also by pressing the appropriate event button on the Bravo pH recorder.







	Meals	includes snacks
	Sleep	includes lying down
	Other	includes sports and other activities

To record other events, use the Patient Diary (next page).

Recording Symptoms

Symptoms include chest pain, cough, and heartburn.

Record a symptom in the Patient Diary by marking the type of the symptom and writing down the symptom appearance time using the time displayed on the Bravo pH recorder. You can record a symptom automatically also by pressing the appropriate symptom button on the Bravo pH recorder.

Symptom Button	Symptom Icon	Symptom
		Chest Pain Other
		Regurgitation Cough Belch
		Heartburn Other

Recorder Placement When Lying Down

You may remove the Bravo pH recorder when lying down or you may leave it on you. If you choose to remove it, place it on a stable surface within arm's length of your chest with the display facing up and the symptom buttons facing towards you.



Recorder Out of Range

If the Bravo pH recorder is too distant from the Bravo capsule and reception is weak, a beep will sound for 30 seconds and **1** or **2** will disappear from the screen. **Move the recorder closer to you until the beep stops and 1 or 2 reappears.**

DO NOT have an MRI for 30 days.

You cannot have an MRI until:

If you have any questions or encounter technical issues during your study, call your physician at **Digestive Disease Consultants, 309-454-5900**

At the completion of your pH study, return the Bravo pH recorder and your Patient Diary to the physicians office; **Digestive Disease Consultants 1302 Franklin Ave., Suite 4800 Normal, IL 61761**

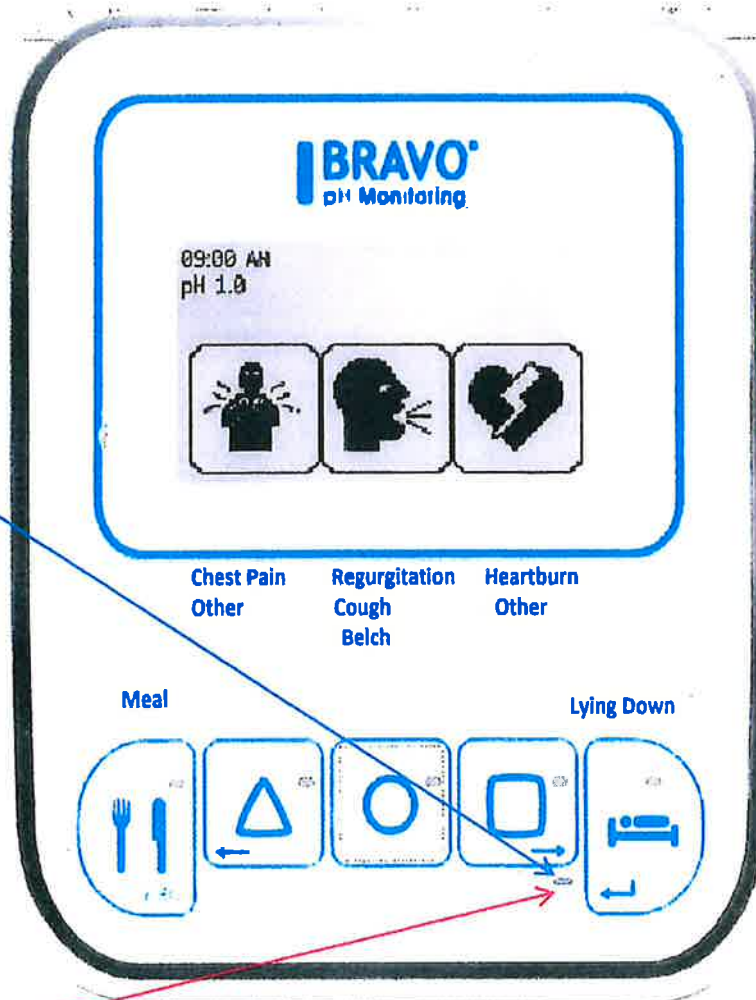


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If screen is dark. Pressing any button will turn the recorder on. Press any button again to record the event or symptom.



Blue light flash:
Device is
syncing data
correctly.

**Green light
flash:** The
symptom or
activity
button you
pressed was
recorded
successfully

Red light flash:
Device is NOT
syncing with
capsule. Place
BRAVO device
over chest for a
few seconds.

Meal (Press once to start a meal, and once to end a meal)

Lying Down (Press once when lying down, and once when getting up)

Symptoms (Press once when you have a symptom)

Note: Only press symptom button again if it goes away and then returns






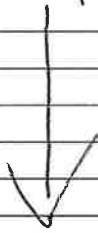
Bravo[®] pH Patient Diary

Start Time ____:____ End Time ____:____

Patient _____









Recorder _____

Capsule ID _____

Time of Event (include am/pm)								Comments
	Meal Start	Meal End	Supine Start	Supine End	Chest Pain	Regurgitation, Cough, Belch	Heartburn	
8:00: am	X							Sample 
8:30: am		X						
9:00: am						X		
10:00: pm			X					
8:00: am				X				
:								
:								
:								
:								
:								
:								
:								
:								
:								

Always refer to the time displayed on the recorder to write down the Time of Event above.

Recording Events on the Bravo pH recorder

     	Press any of the three <i>Symptom Buttons</i> (chest pain, cough, heartburn) once for each individual event.
	Press the <i>Meal Button</i> once at the start of the meal and once at the end of the meal. In between the two presses, the button LED will blink until the button is pressed to mark the end the event.
	Press the <i>Supine Button</i> once when lying down for bed and once at the end of the lying period. In between the two presses, the button LED will blink until the button is pressed to mark the end the event.

Notes:

- All button functions are active only when backlight is ON. If OFF, pressing any of the enabled recorder buttons will first turn backlight ON and no function will be activated. Press the desired button when the backlight is ON to activate the desired function.
- The green indicator light turns on for 3 seconds and a beep is heard (if the audio alert feature is turned on). This tells you that the symptom was recorded.

